

Autumn & Winter Menu



Allergen Key

Fish

Lupin

Celery Cereals Molluscs Mustard Crustaceans Cr Nuts Peanuts

NP Sesame Seeds Se Soya So Sulphur Dioxide Su

Week 1

Option 1

Monday

Chicken Curry G/M with Rice & homemade flatbread G/So & Seasonal Vegetables



Ve Five Bean Chili with Rice & a homemade
flatbread G/So
& Seasonal Vegetables

Tuesday

V Margarita Pizza C/M Served with Pasta G & Seasonal Vegetables

Ve Vegetable Tagine served with Pasta G & Seasonal Vegetables

Wednesday

Roast of the Day with Yorkshire Pudding E/G/M Creamed Potatoes M. Seasonal Vegetables & Gravy

Ve Veggie Sausage G served with a Yorkshire Pudding E/G/M, Creamed Potatoes M, Seasonal Vegetables & Gravy Quorness

Thursday

Beef Burger @ in a Bun **G** with Potato Wedges & Baked Beans

Ve Vegan Burger G/So in a bun G with lomemade Potato Wedges & Seasonal Vegetables

Fish Fingers F/G with Chips, Carrots & Sweetcorn

Friday



V Cheese & Tomato Pinwheel E/G/M with Chips, Carrots & Sweetcorn

Option 3

Option 2

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Cooks choice of cookie @

Chocolate Cracknel G/M

Honey Cake with Fresh Fruit E/G/M Banana & Strawberry Yoghurt Muffin E/G/M Fruit Crumble G with Custard M Ó

Weeks Starting: 04.11.24 / 25.11.24 / 16.12.24 / 20.01.25 / 10.02.25 / 10.03.25 / 31.04.25

Week 2

Option 1

Monday

Pasta C Bolognaise with French Stick C & Seasonal Vegetables

Dippers G with Homemade Sauce, Pasta C & Seasonal Option 2

Vegetables **ETIONIPRO**

Tuesday

Big Breakfast G/Su with a Hash Brown. Baked Beans & Tomatoes

> Wa Veggie Breakfast C with a Hash Brown, Baked Beans & Tomatoes **QUOMPRO**

Wednesday

Roast of the Day with Stuffing (Creamed Potatoes M. Seasonal Vegetables & Gravy

Veggie Cottage
Pie M/So with Seasonal Vegetables & Gravy

Thursday

Cheese & Tomato Pizza G/M with Pasta G & Seasonal Vegetables

🚾 Veggie Balls C in a homemade tomato sauce with Pasta G & Seasonal Vegetables **QUOTTERS**

Friday

Fish Stars F/G with Chips, Peas & Carrots HAR RANDE

Ve Veggie Fingers G with Chips, Peas & Carrots



Option 3

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Shortbread G

Lemon Slice E/G

Jelly & Fresh Fruit WIBBLE &

Chocolate Crunch E/G & Fresh Fruit

Cornflake Tart C with Custard M

Weeks Starting: 11.11.24 / 02.12.24 / 06.01.25 / 27.01.25 / 24.02.24 / 17.03.25

Week 3

Option 1

Monday

Chicken Pasta Bake G/M with Seasonal Vegetables & French Stick G

Option 2

V Vegetable Pasta Bake G/M with Seasonal Vegetables & French Stick G

Tuesday

Southern Style Burger in a bun with Potato Wedges & Baked Beans Quomeno

V Jacket Potato with Cheese M or Baked Beans & Seasonal Vegetables

Wednesday

Sausages G/Su & Mashed Potatoes M. Seasonal Vegetables & Gravy

▼ Broccoli & Cauliflower Cheesy Bake G/M/Mu with Seasonal Vegetables

Thursday

Cottage Pie M & Seasonal Vegetables

Ve Vegan Sausage Roll C with Creamed Potatoes M. Seasonal Vegetables & Gravy

Friday

Fish Fingers F/G with Chips, Peas & Sweetcorn



Macaroni Cheese G/M/Mu with Peas & Sweetcorn

Option 3

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Cooks choice of Cookie C

Flapjack G

Sprinkle Cake E/G

Beetroot Brownie E/G with Fruit

Sticky Toffee Apple Sponge E/G with Custard

